

# UNDERSTANDING SKIN TEARS

By Ines Sadoc Pereira


## WHAT IS A SKIN TEAR?

Partial or total skin loss from friction/ rubbing/ trauma.




## SKIN TEAR CLASSIFICATION

Type 1: No Skin Loss




Linear or Flap Tear which can be repositioned to cover the wound bed

Type 2: Partial Flap Loss



Partial Flap loss which cannot be repositioned to cover the wound bed

Type 3: Total flap loss

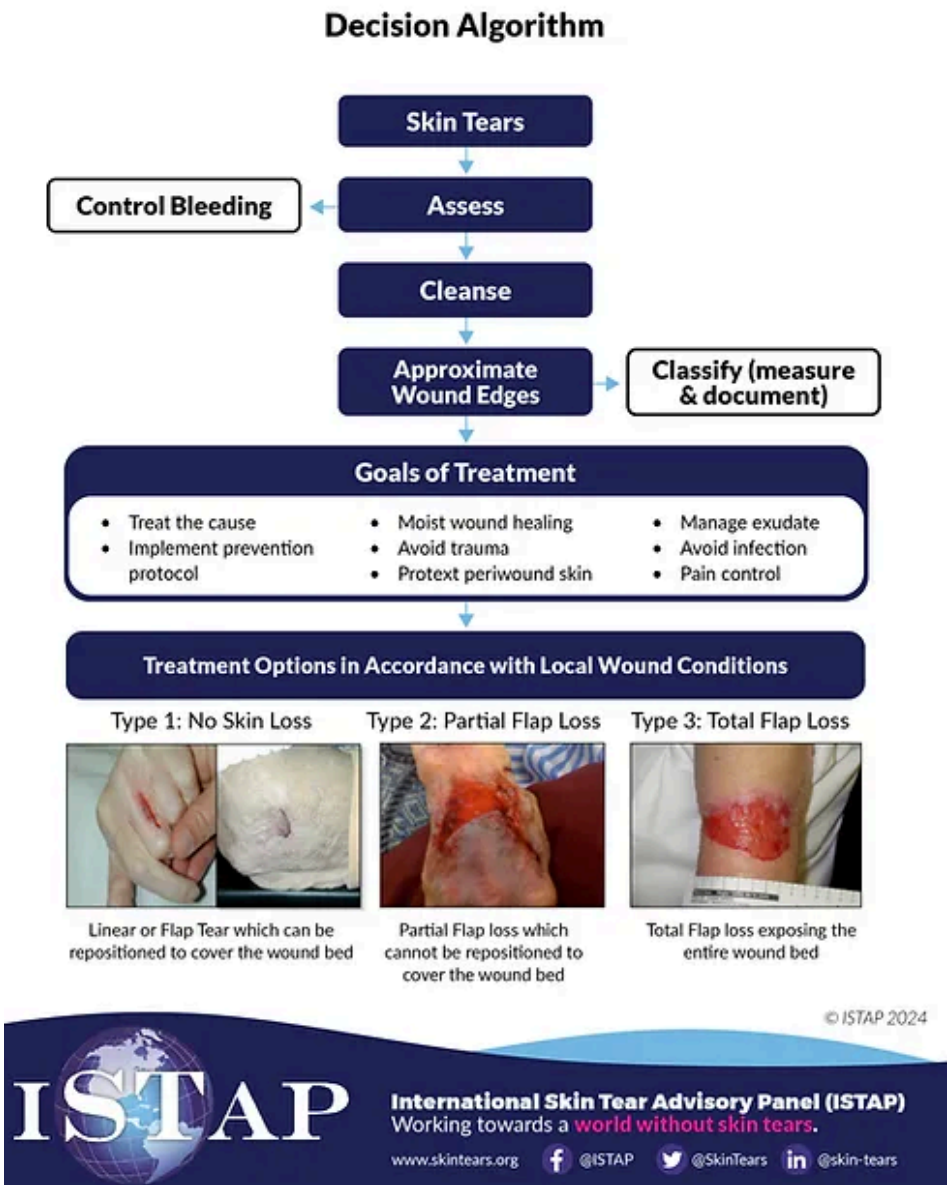


Total Flap loss exposing entire wound bed

LeBlanc et al 2013

FROM [WWW.SKINTEARS.ORG/](http://WWW.SKINTEARS.ORG/)

## HOW TO PREVENT/ MANAGE?



FROM [WWW.SKINTEARS.ORG/](http://WWW.SKINTEARS.ORG/)

Despite most skin tears being small, they can have significant impact on the patient’s quality of life.

The patients must be involved in the care plan, to ensure their needs are being met.

A multidisciplinary team approach will lead to better outcomes as well as involving a Specialist Wound Care Nurse.